

# EMEWS 270

THE NEWSLETTER  
of the  
EAST MIDLANDS ORIENTEERING ASSOCIATION

WINTER 2018 TO SPRING 2019



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## EMEWS

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*MEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.*

East Midlands website: [www.emoa.org.uk](http://www.emoa.org.uk)

Copy Date for next issue: **28<sup>th</sup> January 2019 for next EMEWS**. Contributions are always welcome but especially by e-mail ([mikegardvo@sky.com](mailto:mikegardvo@sky.com)).

Cover - Thanks as usual to Ernie.

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## Report on East Midlands Meeting - 19<sup>th</sup> November 2018

**EMOA Trophies** - Mike Godfree has reviewed a number of the EMOA trophies and identified some trophies which needed additional plaques adding to show previous winners or new winners. Mike was thanked for his work in getting the trophies to an improved state. The next EMOA Champs is NOC event at The Dukeries on 16<sup>th</sup> December (don't forget to pre-enter).

**Mementoes for 50<sup>th</sup> Anniversary Celebrations** - Pauline Olivant had the order ready to go for the mementoes for the East Midlands Champs. The closing date is 9<sup>th</sup> December so should know final numbers after that. The intention is to present the mementoes at download to all competitors.



**Discussion on the East Midland Leagues** - At the EMOA AGM there was a discussion about the EMOA Leagues and the involvement of juniors as very few attend enough events to be ranked, and some of the courses only have one or two competitors on them. Should we have a separate league for juniors? Or count fewer events for juniors? The clubs were asked for feedback which was brought to the meeting.

**Juniors** - After discussion at the meeting it was felt that there were 2 groups of Juniors, those who use the shorter courses initially and then progress to other courses, then the older juniors and many of them like to compete against adults and prove they can beat them (but often focus more on other competitions).

It was felt for now we would leave the League as it was for Juniors but would try to ensure that the age class is included in the League Results Table going forward.

**East Midlands League** - Further discussion followed and there was a split as to whether we should try to focus on the same number of events as now, or should we look to just include some of the level C events on quality areas in the region in to the EM League. There was concern that having different standard level C events could reduce attendance at events and have financial impacts on clubs. For now it was agreed to keep the status quo and if a club cannot commit to it's allocation then other clubs could step in if they had the capability to provide additional events (the counting number will remain as half of the events + 1). So again for next year it is expected to be 8 events counting.

**Urban League** - The Urban League was felt that it was going well but that we should look to the addition of M75 (Hypervets) as there are now quite a few people competing at this level.

*If members have views on the EM Leagues and want to share them then please send them to the editor who can share them in future EMEWS and take to the committee meetings.*

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**JIRCS** - The JIRCS budget had come in showing a loss of around £103, while the budget had been for a loss of £200. This was despite a number of last minute problems that were overcome by the team managing the event (unexpected additional VAT on budget, having to keep everything low key on relays, Chatsworth access problems due to weather). There has been excellent feedback from the other junior squads after the event. The committee thanked Sarah Pennell for all her hard work in ensuring the weekend went ahead smoothly.

**Regional Training Day** - Chris Phillips reported that the Regional Training Day was arranged for 24<sup>th</sup> November 2018 and there were 32 attendees (only 2 of which are from outside the region). Courses on planning, organising, mapping and controlling were all taking place.

**Level A Controllers** - Two EMOA members had attended a Level A Controllers course and it is hoped will shortly be submitting their applications as Level A Controllers. This should mean that each club in the region now has a level A controller (which will be the first time this has happened for a long time).

### Future Events:

- (i) 16 Dec 2018 - East Midlands Champs - NOC - Dukeries
- (ii) 17 March 2019 - CompassSport Cup Heat - NOC - Sherwood Pines
- (iii) 19 May 2019 - Yvette Baker Trophy Heat - DVO - Calke
- (iv) 23 Jun 2019 - East Midlands Sprint Champs - LOG - Witham St Hugh's
- (v) 14/15 Sep 2019 - British Sprints / Middle 2019 - LEI / DVO - Loughborough / Chinley Churn - The sprint event is now a world ranking event.
- (vi) 8 Dec 2019 - East Midlands Champs - LOG - Grimsthorpe
- (vii) 9 Feb 2020 - Midland Champs 2020 - DVO - Shining Cliff
- (viii) 10 Oct 2020 - British Schools Score Champs - DVO - Shipley Park
- (ix) 4 Jul 2021 - Yvette Baker Trophy Final 2020 - LEI - Irchester
- (x) 17 Oct 2021 - CompassSport Cup Final - DVO

### Future Possible Events

- (i) 22 Nov 2020 - East Midlands Champs - NOC

**EMOA League 2018** - The presentation for 2018 is planned to be at Bramcote event on 3<sup>rd</sup> February.

**Dates and venues for future meetings** - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting will be on Monday 28<sup>th</sup> January 2019, then the following committee meeting will be on Monday 8<sup>th</sup> April 2019. All members are welcome to attend committee meetings if they wish to do so.

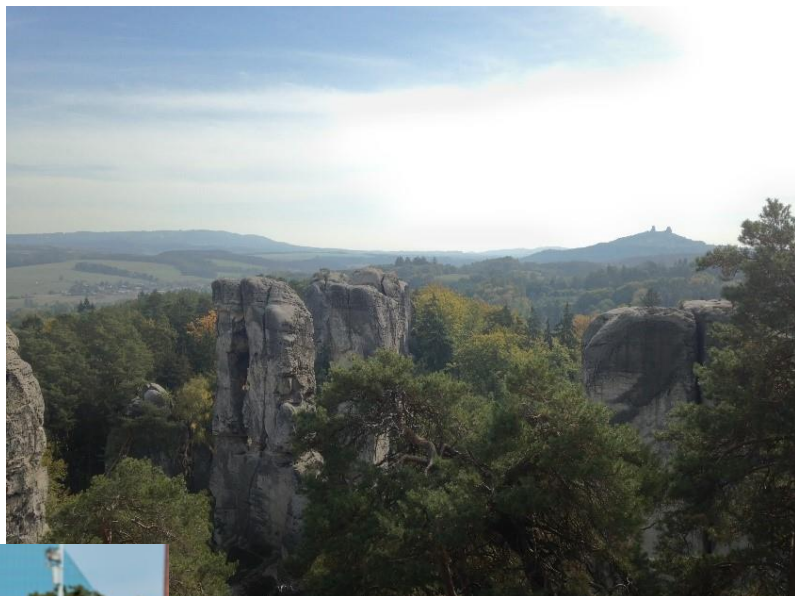
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## World Cup Final - Czech Republic

The final round of the Orienteering World Cup took place in and around Prague from 4-7<sup>th</sup> October. The previous rounds this year had been in Switzerland (European Champs), Latvia (World Champs) and Norway. This time around, there were Knockout Sprint, Sprint Relay, Middle and individual Sprint races to be contended.

The World Cup series, while providing quality racing and very strong competition, is typically a lesser target for British athletes than the major championship races (Europeans and Worlds). For this reason, some of the experienced runners made way for a more fresh-faced team featuring a number of juniors and senior international debutants.

### Knockout Sprint



### *Men's Semi-final* (Tomas Bubela)

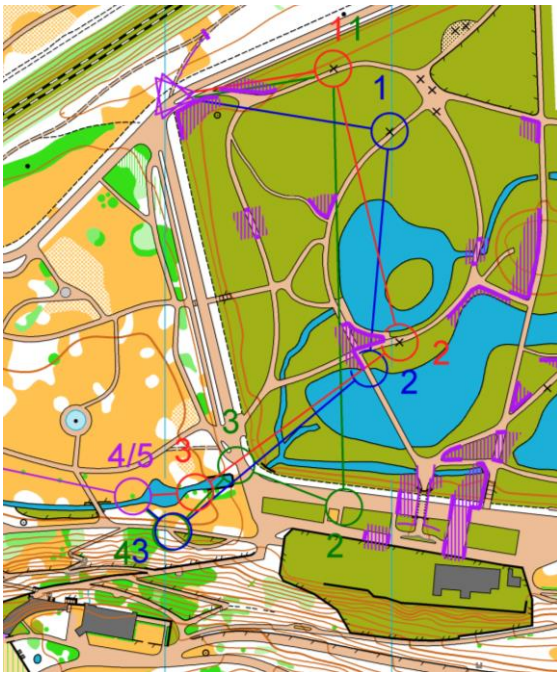
This is a new format which is being tested ahead of its introduction in the new sprint-only WOC in 2020. It consists of a qualifier round, followed by three mass start rounds of 6 runners each. In each of the quarter- and semi-finals, the top two runners across the line progress to the next round. These head-to-head races make for close finishes and very exciting spectating.



### *Quarter-final sprint finish* (Klara Masinova)

There were no standout British performances, but it was a useful experience for the team in what is a very new challenge to get-to-grips

with. One of the talking points was the use of a 'Runner's Choice' forking system, in which each runner chooses one of three sections of course before they start, which they will then run during the race. This is quite a departure from traditional orienteering, and one which has divided the opinions of runners and spectators alike!



*Women's Quarter Final course choice*

## Sprint Relay



*Men's Sprint Relay forking*

This was held on Petřín hill in central Prague and featured hilly and physical courses with some tricky route choices. The Swiss team held off the competition and took home the honours, helped by Swedish superstar Tove Alexandersson making some rare mistakes.

## Middle

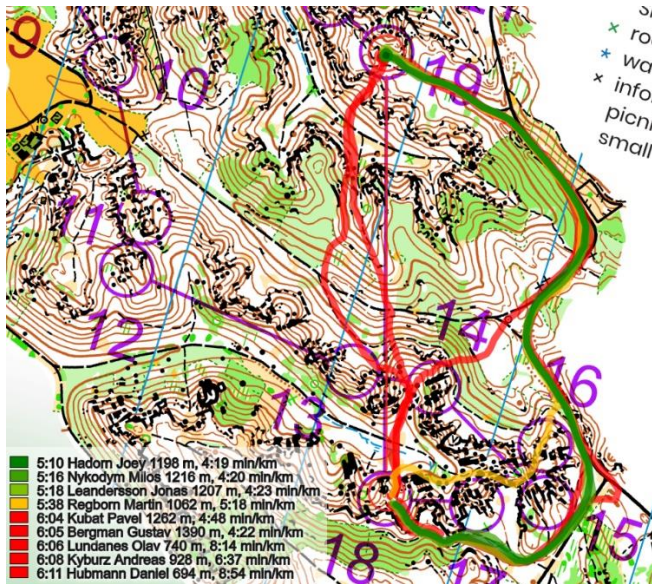
For many, this was the highlight of the weekend. The runners raced out of Valdštejn Castle and straight into an incredibly steep, rocky and technical forest, in the Bohemian Paradise national nature reserve. Navigating through the natural maze of huge sandstone rock pillars was far

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from simple, and the physicality of the terrain was highlighted by the winning time of 38 minutes over the 3.7km women's course. This was certainly unique terrain which favours the well-prepared, and the home Czech team cleaned up with six runners finishing in the top 10 of the two classes.



The top British performances came from Jonny Crickmore and Cat Taylor, who adapted well to the surprisingly wide route choices that were needed to avoid taking on some of the biggest climbs. Even for those runners who struggled this time around, the experience could prove valuable with the (forest-only) World Championships being held nearby in 2021.

*Men's routechoice analysis 18-19*  
(worldofoc.com)



*Alex Carcas contemplating his route*  
(Petr Hap)



*Men's winner Miloš Nykodým*  
(Tomas Bubela)

### Sprint

The final race of the weekend, and the 2018 international season, was a sprint around the town of Mladá Boleslav. The top 40 placed men and women in the 2018 World Cup series qualified to run the A final, which, in typical Czech style, was a tricky and interesting course around a beautiful old town with some decisive route choice legs.



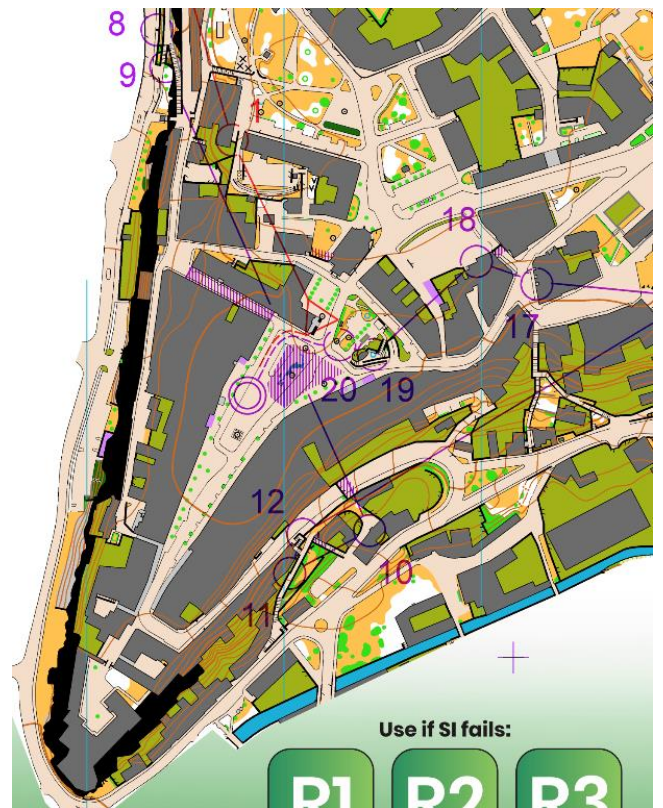
Tove Alexandersson dominated the Women's race to seal her overall World Cup win, while fellow Swede Jonas Leandersson took the win in the Men's. This was a fitting end to an outstanding international career for him (including a gold medal in the Sprint at Britain's WOC 2015), as he retired a few weeks later.

While the British team didn't come away from these World Cup races with really top results, it was a good experience, especially for many of the younger runners, and served as fuel for the fire for the months of winter training ahead.

*On right is a decisive route choice 9-10 on the Men's Sprint.*

The first World Cup round of 2019 will be held in Finland in June. A big personal thank you to NOC and EMOA for their ongoing support of elite orienteering!

Peter Hodgkinson (NOC)



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### **Orienteering Foundation Report (Pauline Olivant)**

Latest news.

- In Oct the Foundation launched a 1% legacy programme, if you are interested in finding out more see [www.orienteeringfoundation.org.uk/one-percent](http://www.orienteeringfoundation.org.uk/one-percent).
- The coaching day in the Lakes was a success, if EMOA members would be interested in another day in the future please let me know. Would you like to be coached elsewhere in the country?
- Recent grants have been made to Exeter University to help set up a new university club, Tayside OC to support development work in the area in the lead up to Scottish 6 days. SOA had a grant to launch their new youth leader award.
- The Foundation again supported fund raising for the WOC team.

The Foundation received a very generous donation from several WM clubs after the JK and Saxons OC made a club donation of £500.

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## EMJOS Summary June to November 2018

### 17th June 2018 Stanton Moor (DVO area) Training

After competing in the draining DVO East Midlands League event earlier that morning we joined up with the West Midlands Squad for an afternoon of bearings and aiming off exercises.

With the help of John Mather (lead coach, LOG), Paul Murgatroyd and two coaches from WMJS, we (11 EMJOS and 11 WMJS) executed many different exercises short and long, across the tough heather terrain and fiddly navigation in the quarries.

### 19th August Sprint training at Clifton, Nottingham.

The morning was spent training around one of the Clifton estates (small traffic calmed loops),



using the training exercises and map specially mapped by Dave Schorah for the British Sprint Squad training session (see extract left).

The afternoon was the Level D Sprint event at NTU Campus (NOC) with- 3 sprint courses to practise the sprint race routine.

The session was attended by 10 people - 3 juniors and 7 seniors (half from out of the region).

The training definitely had some impact on the performance of the

participants at the British Championships (Bath Uni 1st Sept 2018) with 5 podium places!

### Peter Palmer Relays 8<sup>th</sup> & 9<sup>th</sup> September 2018 at Tankersley Wood (SYO).

The region had 2 teams in the 6 leg junior only relay that starts at 5am in the dark. LEI entered an experienced team; whilst for the combined EMJOS (DVO and NOC) team it was for some the first time running in the dark or as part of junior team. The buzz and the atmosphere of the assembly area with either one of two loops through the spectator control, was great. Enhanced by the multi coloured tea lights lighting the track just like a runway.

I highly recommend you view the video created by Ben O'Donnell (EMJOS junior) posted on the EMJOS website (and others) to appreciate the event.

### JIRCS 2018 Chatsworth and Carsington Pastures 29<sup>th</sup> & 30<sup>th</sup> Sept 2018.

The region hosted this prestigious event and prepared 2 fine days of orienteering. A big thank you from JROS and the other regions for a superb weekend of top quality running and well run events. And the food was great.

This year EMJOS achieved 6th place overall (Day 1 and Relay positions), out of the 12 regions.

JIRCS Individual positions (Day 1)	
M14:	W14:
11 Jake O'Donnell (M12) 21 Ben Hardy 24 Harrington Leake 28 Ben O'Donnell	10 Libby Barber 28 Hannah Mather (W12)
M16:	W16:
20 Ben Squire (M14) 28 Ben Mather 33 James Bedwell	10 Rachel Duckworth 27 Sophie Vincent
M18:	W18:
11 Ethan Tebbutt 28 Jamie Lowthian	12 Sarah Duckworth 18 Imogen Wilson 21 Anna Barber

**BOF Youth Weekend, Walesby Scout Camp 13<sup>th</sup> & 14<sup>th</sup> Oct 2018**

A combined social and orienteering residential weekend session, aimed at M/W12 to M/W14 in the East Midlands and Yorkshire and Humberside. There were 6 juniors (5 NOC and 1 LOG) from the East Midlands who went. The feedback from one junior was she enjoyed it a lot and would go again - praise indeed. O' sessions were run by Hilary Palmer.

**Orienteering Federation Lakes Training 10<sup>th</sup> & 11<sup>th</sup> November 2018.**

EMJOS took advantage of the access and pre-hung controls in the classic Lakeland orienteering area of Graithwaite. 7 Juniors and 4 coaches used the afternoon training on Saturday to sharpen their technical skills of contour reading. The overnight stay at Far Sawrey was with the North East junior squad too. The Sunday LOC event (Holme Fell) saw some fast times: Jake O'Donnell 10<sup>th</sup> Blue, Ben Squire 15<sup>th</sup> Blue, Imogen Wilson 36<sup>th</sup> Blue, Harrington 13<sup>th</sup> Light Green, Libby Barber 16<sup>th</sup> Light Green, Barbora Borzikova 23<sup>rd</sup> Light Green.

**Future Training:**

Bradgate Park 25<sup>th</sup> November in conjunction with the LEI Regional event.

Training in South East near Epping Forest 8<sup>th</sup> & 9<sup>th</sup> December 2018.

Hopefully teaming up with South East and South Central junior squads for Saturday training, combined with the Interland selection race on Sunday.

13<sup>th</sup> & 14<sup>th</sup> March 2019 EMJOS are joining up with Yorkshire and Humberside junior squad (and other squads) for a training session based at Malham (BOC limestone terrain)

**Selections to Junior Camps and major successes**

This summer Rachel Duckworth (DVO) was selected for the Talent Camp (Blencathra Lakes), followed by JROS Deeside camp (Scotland), and crowned off by being asked to join the Talent Squad - aiming to run for England in the international races. She is also British Middle Distance Champion

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In October she will also run for England in the Junior Home Internationals (JHI) (Pitlochry, Scotland).

Ben Squire (NOC) has also been selected to run at the JHI's (October, Scotland) and represented England at the Interland international competition in Holland (March 2018).

Jake O'Donnell (DVO) has had a podium topping year in M12: JK Sprint and overall champion; 3<sup>rd</sup> at the Scottish British Championships, British Sprint and Middles Champion.

Ben Glover (LEI) M12 2<sup>nd</sup> at British Middle Distance Championships.

### Fundraising

The event organiser for the East Midland Champs (16th Dec), The Dukeries (NOC), has allowed the squad cake stall to be set up.

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### **Walesby Youth Camp 13 (from 4pm) & 14 October (to 4pm) 2018**

**Aims** of the Youth Camp:

- Have fun doing orienteering and other activities
- Make new friends from other clubs

**Venue:** Walesby Forest Camp; accommodation in a new lodge; food provided by the camp.

**Participants:** 30 11 - 15 year olds from LOG (1), NOC (5), HALO (3) and SYO (21). 3 SYO coaches were with the group overnight and Hilary Palmer just for the Sunday 2 sessions 9 - 11.30 and 1 - 3.30

**Activities:** Scout camp led activities x 3 sessions and 2 orienteering sessions: training / practising and a 2 person 4 leg sprint relay with each person doing 2 short loops - mixed age/experience teams and short / long loops according to each person.

**Survey:** All juniors said they had enjoyed the camp and rated the activities 'enjoyable' or 'very enjoyable' despite Sunday being wet almost all day.

**Future:**

Repeatable (clubs & regions to consider) - offer this to 11 - 14 age group when they might be thinking of giving up the sport.

Hilary Palmer (Coach)

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East Midlands Urban League 2018

The events for the EM Urban League for 2018 are shown below. The scoring is the best 4 out of 8 events to count. There have now been two events in the League, Buxton and Southwell.

1	DVO	Buxton	01-Jan	
2	NOC	Southwell	29-Apr	
3	LEI	Quorn	10-Jun	
4	LOG	Skegness	24-Jun	
5	LOG	Lincoln City	19-Aug	
6	LEI	Shepshed	07-Oct	
7	NOC	Nottingham	28-Oct	
8	DVO	Oakwood	09-Dec	



Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Jake O'Donnell	M12	DVO	<b>300/3</b>	100				100	100		
2	Ben Mather	M16	LOG	<b>200/2</b>		100		100				
3	Ben O'Donnell	M14	DVO	<b>192/3</b>	96				0	96		
4	Samuel Davis	M16	DVO	<b>100/1</b>							100	
5	Alexander Barker	M10	NOC	<b>96/1</b>					96			
5	Finlay Lowthian	M12	NOC	<b>96/1</b>							96	
7	Michael May	M5	LOG	<b>93/1</b>					93			

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Sophie Vincent	W16	DVO	<b>196/2</b>		100			96			
2	Charlotte Fox	W14	LOG	<b>100/1</b>							100	
2	Libby Barber	W14	LEI	<b>100/1</b>			100					
4	Rachel Duckworth	W14	DVO	<b>96/1</b>	96							
5	Alice Woodward	W12	DVO	<b>90/1</b>	90							

Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Mike Chapman	M35	LOG	<b>369/6</b>	88	91	87		91	91	96	
2	Craig Lucas	M21	LOG	<b>363/5</b>			86	91	89	93	90	
3	Alan Le Moigne	M40	DVO	<b>359/4</b>		87	91			90	91	
4	Andy Glover	M40	LEI	<b>272/3</b>		90	93			89		
5	Lee Hartill	M21	LOG	<b>267/4</b>		89	0		90	88		
6	Liam Harrington	M21	LOG	<b>185/2</b>	89				96			
7	Kevin Lomas	M60	NOC	<b>173/2</b>						86	87	
8	Alastair Thornton	M21	LUOC	<b>96/1</b>						96		
9	Louis Forshaw-Perring	M20	DVO	<b>93/1</b>	93							

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9	Jenny Jones	W21	NOC	<b>93/1</b>		93						
9	James Rogers	M21	LEI	<b>93/2</b>						0	93	

## Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrea Page	W40	LOG	<b>381/7</b>	93	91	96	89	96	0	96	
2	Sally Calland	W40	RSOC	<b>196/2</b>	100	96						
3	Imogen Wilson	W18	LEI	<b>191/2</b>			91				100	
4	Holly Haywood	W21	LOG	<b>183/2</b>				93	90			
5	Tracey Brookes	W50	LEI	<b>181/2</b>	91		90					
6	Alison Wright	W21	LOG	<b>100/1</b>					100			
7	Helen Chiswell	W40	DVO	<b>93/1</b>		93						
8	Grace Pennell	W18	DVO	<b>90/1</b>	90							
8	Hebe Parr	W21	DVO	<b>90/1</b>		90						

## Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Richard Parkin	M50	DVO	<b>389/5</b>	93	100	100		91		96	
2	Paul Murgatroyd	M50	LOG	<b>383/4</b>	91		96		96		100	
3	Francesco Lari	M50	DVO	<b>376/5</b>	89	96	91			100	87	
4	Stefan Chafer	M50	LEI	<b>346/5</b>		86	87		89	82	84	
5	Murray White	M50	DVO	<b>338/4</b>		84			83	86	85	
6	Alastair Paterson	M50	LEI	<b>332/4</b>		83	84		82		83	
7	Graeme Barker	M45	NOC	<b>272/4</b>				93	90	0	89	
8	Richard Naish	M50	DVO	<b>251/3</b>					86	83	82	
9	Andrew Selby	M40	DVO	<b>243/3</b>				83	79		81	
10	John Mather	M45	LOG	<b>182/2</b>		91		91				

## Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Tanya Taylor	W45	LOG	<b>400/7</b>	96	100	100	100	100	100	100	
2	Helen Parkinson	W50	NOC	<b>376/6</b>		93	89	96	91	90	96	
3	Sal Chaffey	W50	DVO	<b>372/6</b>	91	91	93	93	93		93	
4	Jillian Barker	W45	NOC	<b>359/5</b>		89		90	88	89	91	
5	Claire Selby	W45	DVO	<b>352/4</b>			87	89	86		90	
6	Jane Dring-Morris	W45	LEI	<b>349/4</b>		88	84			88	89	
7	Clare Hanna	W50	LOG	<b>260/3</b>			85	88	87			
8	Nicola O'Donnell	W45	DVO	<b>356/3</b>	86				85	85		
9	Hayley Fox	W40	KOG	<b>177/2</b>					90		87	
10	Lisa Cooke	W40	DVO	<b>176/2</b>		90				86		

## Supervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
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1	Andrew Ridgway	M55	NOC	<b>389/4</b>		100	100	93	96			
2	Paul Morris	M60	NOC	<b>374/4</b>	88				93	100	93	
3	Robert Parkinson	M60	NOC	<b>363/6</b>		93	89	90	85	91	88	
4	John Hurley	M60	DVO	<b>356/6</b>	84	90	86	80	84	96		
5	David Vincent	M55	DVO	<b>351.5/5</b>		91	90	83.5	0			87
6	Andy Portsmouth	M60	LEI	<b>321/4</b>	78	79			78	86		
7	Paul Hudson	M55	NOC	<b>262/3</b>	91	85			86			
8	Dave Chaffey	M55	DVO	<b>260/4</b>			0	81	89			90
9	Andrew Wallace	M60	NOC	<b>255/3</b>		83				88	84	
10	Graham Johnson	M60	DVO	<b>178/2</b>	89							89

### Supervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Amanda Roberts	W55	LOG	<b>400/4</b>	100		100	100			100	
2	Amanda Price	W55	DVO	<b>385/4</b>		100	96		93		96	
3	Ruth Ellis	W65	DVO	<b>359/6</b>	85	89	91	84	89	90		
4	Ursula Williamson	W55	LEI	<b>272/3</b>		90				93	89	
5	Kim Buxton	W55	DVO	<b>271/3</b>	89					91	91	
6	Trudy Crosby	W55	LOG	<b>258/3</b>				83	87		88	
7	Angela Lucking	W55	NOC	<b>183/2</b>		93	90					
8	Sue Russell	W55	DVO	<b>182/2</b>	91				91			
9	Margaret Keeling	W70	DVO	<b>174/2</b>			86			88		
10	Anne Kimberley	W55	DVO	<b>168/2</b>				80	88			

### Ultravet Men

	Name		Club	Best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Mike Godfree	M65	DVO	<b>366/4</b>		90		96	91		89	
2	Kevin Gallagher	M65	LEI	<b>347/6</b>	85	82.5	87	87	87		86	
3	Jeffrey Baker	M65	LOG	<b>344/5</b>	84	79	83		88	89		
4	Ian Parfitt	M65	DVO	<b>339.5/5</b>	0	82.5	86	88	84			
5	John Marriott	M70	LEI	<b>338/4</b>			85		78	91	84	
6	Derek Gale	M70	DVO	<b>332/6</b>	81	80	81	84	82		85	
7	Dave Skidmore	M70	DVO	<b>320/6</b>	79		77	82	70	0	82	
8	Doug Dickinson	M70	DVO	<b>282/3</b>	93	96			93			
9	Robert Haskins	M65	LEI	<b>263/3</b>	88	86	89					
10	Roger Edwards	M65	LEI	<b>258/3</b>		79	93			87		

### Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Liz Godfree	W70	DVO	<b>400/5</b>	100	100		100	96		100	
2	Maureen Webb	W65	LEI	<b>362/5</b>	84		96	82	91		91	
3	Jen Gale	W70	DVO	<b>357/6</b>	87	90	91	81	82		89	
4	Hilary Palmer	W70	NOC	<b>285/3</b>				89	100		96	
5	Diane Ford	W70	LEI	<b>266/3</b>		87	89			91		

## EMEWS

6	Viv Macdonald	W65	DVO	<b>93/1</b>	93							
6	Christine Middleton	W70	DVO	<b>93/2</b>					93			
8	Ann Armistead	W65	DVO	<b>91/1</b>	91							
9	Margaret Keeling	W70	DVO	<b>88/1</b>							88	
10	Anne Gibbs	W70	LOG	<b>87/1</b>				87				

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### East Midlands Urban League 2019

The following are the planned events for the East Midlands Urban League in 2019:

1<sup>st</sup> January - DVO - Derby West / Markeaton Park

12<sup>th</sup> May - NOC - Clifton

16<sup>th</sup> June - DVO - Allestree

23<sup>rd</sup> June - LOG - East Midlands Sprint Champs - Witham St Hughs

18<sup>th</sup> August - LOG - Lincoln (UKUL)

29<sup>th</sup> September - NOC - Worksop

13<sup>th</sup> October - LEI - Ashby

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### East Midlands League 2018

The following are the future events still planned for the League in 2018:

30<sup>th</sup> December - LEI - Martinshaw

Here is the League status top 10s for those who have more than one thousand points:

The following events are included at this stage:

1 - Strawberry Hill (NOC)

2 - Burbage Common (LEI)

3 - Lincoln South (LOG)

4 - Bestwood (NOC)

5 - Cademan (LEI)

6 - Byron's Walk (NOC)

7 - Hardwick Park (DVO)

8 - Castle Hill (LEI)

9 - Stanton Moor (DVO)

10 - Grangewood (DVO)

11 - Silverhill (NOC)

12 - Linacre (DVO)

13 - Bradgate (LEI)

#### White - Male

Name	Club	Age									Total	
Lewis Bones	LOG	10	1000-1	1000-2	1000-3	1000-4	1000-5	1000-6	1000-8	855-11	7855	1
Rory Squire	NOC	10	942-3	1000-7	1000-11						2942	2

#### White - Female

India Turner	DVO	6	1000-5	1000-7	1000-12						3000	1
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#### Yellow - Male

Josh Bones	LOG	12	1000-1	1000-3	924-4	662-5	456-6	1000-8	1000-11	1000-12	7042	1
Felix Jarvis	LEI	10	974-1	1000-2	458-5	516-6	897-7	927-8	628-10	790-11	6190	2
Alexander Barker	NOC	8	1000-4	1000-5	1000-6	839-7	820-8	1000-13			5659	3



# EMEWS

## Yellow - Female

Alexa Lindsay	DVO	12	1000-2	900-5								1900	1
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## Orange - Male

Ian Jarvis	LEI	50	905-1	1000-2	1000-3							2905	1
Leo Crown	DVO		1000-7	1000-9								2000	2

## Orange - Female

Robyn Jarvis	LEI	12	1000-1	1000-2	978-3	1000-7	762-8	1000-11	1000-13			6740	1
Sarah Pennell	DVO	50	738-1	855-2	717-3	276-5						2586	2
Matilda Tikkanen	LEI	14	910-5	1000-8								1910	3

## Light Green - Male

Joseph Turner	DVO	16	1000-1	1000-7	899-9							2899	1
Phillip Caswell	LEI		1000-6	1000-9								2000	2

## Light Green - Female

Libby Barber	LEI	14	1000-2	869-5	1000-6	1000-13						3869	1
Hannah Mather	LOG	12	1000-3	560-6	1000-7	1000-9						3560	1
Lisa Cooke	DVO	40	873-1	615-2	432-6	858-7	552-9					3330	2

## Short Green - Male

Kevin Gallagher	LEI	65	1000-2	934-3	1000-6	981-7	1000-8	1000-10	910-12	1000-13		7825	1
David Anderson	LEI	75	892-2	897-3	1000-4	823-5	884-6	969-11	863-12	872-13		7200	2
Peter Chick	LEI	70	693-1	759-2	835-3	712-4	811-6	985-7	787-8	761-11		6343	3
David Bray	LEI	65	771-1	827-2	800-3	920-4	919-5	813-8	1000-9			6050	4
John Woodall	NOC	80	661-1	732-2	707-4	703-5	733-6	771-7	785-11	807-12		5899	5
Andrew Breakwell	NOC	70	867-1	646-2	584-3	1000-5	953-7	1000-12				5808	6
John Palmer	NOC	70	813-1	777-5	627-6	828-9	858-10	924-12	794-13			5621	7
Ernie Williams	LEI	75	633-1	748-2	556-4	660-6	713-7	763-11	651-12	673-13		5397	8
John Cooke	DVO	70	539-1	649-5	682-6	717-7	691-9	726-10	643-12	705-13		5352	9
Peter Leake	LEI	75	775-1	881-2	839-4	782-5	660-6	975-8				4912	10

## Short Green - Female

Ursula Williamson	LEI	55	787-2	927-3	874-4	1000-5	770-7	877-11	921-12	774-13		6930	1
Jen Gale	DVO	70	903-1	921-2	889-4	809-5	821-7	763-8	771-13			5887	2
Maureen Webb	LEI	65	740-1	907-3	846-4	952-5	603-6	746-8	640-12			5434	3
Viv Macdonald	DVO	65	984-1	933-5	957-7	1000-8	1000-12					4874	4
Ann Armistead	DVO	65	1000-1	938-4	864-5	963-7	827-12					4592	5
Christine Middleton	DVO	70	864-1	1000-2	941-4	685-10	915-13					4405	6
Judith Holt	DVO		800-1	1000-6	1000-10	978-13						3778	7
Diane Ford	LEI	70	549-2	670-3	591-4	531-6	614-7					2955	8
Karen Bedwell	DVO		644-4	499-6	606-8	667-11	526-13					2942	9
Helen Finlayson	DVO	70	962-1	874-7	1000-11							2836	10

## Green - Male

Simon Ford	LEI	75	977-1	869-2	993-3	1000-4	1000-5	985-6	1000-7	889-11	7713	1
Roger Edwards	LEI	65	896-1	862-3	1000-6	912-7	1000-8	750-9	902-10	1000-12	7322	2
Andy Hawkins	DVO	70	823-1	785-2	773-5	779-8	862-9	792-11	863-12	766-13	6443	3
Doug Dickinson	DVO		950-1	1000-2	756-3	831-4	742-5	992-12	974-13		6245	4
Jeffrey Baker	LOG	65	886-1	719-2	610-5	867-6	716-7	741-10	864-12	707-13	6110	5
Rex Bleakman	DVO	70	973-2	812-4	623-5	891-6	995-7	831-9	873-13		5998	6
Dave Skidmore	DVO	70	737-1	720-2	606-4	638-5	835-6	676-9	734-12	680-13	5626	7

# EMEWs

Andis Ozols	DVO	35	671-1	678-3	712-4	756-6	635-7	656-9	762-10	753-12	5623	8
Murray White	DVO		675-2	694-4	747-7	657-8	634-10	683-11	821-12	706-13	5617	9
Chris O'Donnell	DVO	50	661-1	608-3	624-5	712-6	650-9	764-10	635-11	603-13	5257	10

## Green - Female

<b>Liz Godfree</b>	<b>DVO</b>	<b>70</b>	<b>1000-1</b>	<b>1000-2</b>	<b>1000-3</b>	<b>1000-7</b>	<b>1000-9</b>	<b>1000-10</b>	<b>925-12</b>	<b>1000-13</b>	<b>7925</b>	<b>1</b>
<b>Kim Buxton</b>	<b>DVO</b>	<b>55</b>	<b>655-1</b>	<b>765-3</b>	<b>1000-4</b>	<b>678-7</b>	<b>788-9</b>	<b>753-9</b>	<b>911-11</b>	<b>692-12</b>	<b>6242</b>	<b>2</b>
<b>Jane Burgess</b>	<b>DVO</b>	<b>60</b>	<b>636-1</b>	<b>738-2</b>	<b>745-3</b>	<b>955-4</b>	<b>821-5</b>	<b>788-6</b>	<b>743-7</b>	<b>751-9</b>	<b>6177</b>	<b>3</b>
Jane Dring-Morris	LEI	50	619-2	654-3	755-4	761-6	758-10	981-11	723-12	651-13	5902	4
Ruth Ellis	DVO	65	661-1	845-4	842-5	728-6	684-7	683-9	739-12	706-13	5889	5
Amanda Roberts	LOG	55	825-2	940-3	838-5	1000-6	916-12	818-13			5337	6
Donna Hawkins	DVO	55	508-1	478-2	633-4	523-5	599-6	821-11	516-12	588-13	4666	7
Anne Cunningham	DVO	50	402-1	477-2	503-3	649-4	581-6	592-7	565-9	594-12	4363	8
Clare Hanna	LOG		576-1	631-5	645-6	857-11	537-12	685-13			3931	9
Margaret Keeling	DVO	70	607-2	576-3	780-4	622-6	663-7	679-12			3927	10

## Blue - Male

<b>Jake O'Donnell</b>	<b>DVO</b>	<b>12</b>	<b>985-2</b>	<b>957-3</b>	<b>1000-6</b>	<b>953-8</b>	<b>929-9</b>	<b>917-10</b>	<b>904-11</b>	<b>1000-13</b>	<b>7645</b>	<b>1</b>
<b>John Hurley</b>	<b>DVO</b>	<b>60</b>	<b>1000-3</b>	<b>846-4</b>	<b>836-5</b>	<b>913-7</b>	<b>919-8</b>	<b>903-11</b>	<b>799-12</b>	<b>970-13</b>	<b>7186</b>	<b>2</b>
<b>Andy Skyes</b>	<b>DVO</b>		<b>754-1</b>	<b>1000-5</b>	<b>851-6</b>	<b>892-8</b>	<b>1000-9</b>	<b>901-11</b>	<b>777-12</b>	<b>819-13</b>	<b>6994</b>	<b>3</b>
Steve Schofield	NOC	55	745-1	863-2	979-3	743-4	736-6	903-7	891-9	841-13	6701	4
Andrew Ridgway	NOC	55	898-2	905-3	690-5	671-6	917-9	878-11	843-12	859-13	6661	5
Derek Gale	DVO	70	754-1	784-2	787-4	756-5	946-8	937-9	840-12	841-13	6645	6
Russell Buxton	DVO	60	626-1	856-2	858-3	662-4	912-7	891-8	828-9	738-11	6371	7
Ian Wilson	LEI		707-1	853-2	721-4	736-5	701-6	917-8	841-9	812-13	6288	8
Mike Godfree	DVO	65	818-1	905-2	871-3	904-5	985-9	894-10	869-13		6246	9
Richard Naish	DVO		700-1	677-4	636-6	884-8	613-10	821-11	738-12	724-13	5793	10

## Blue - Female

<b>Tanya Taylor</b>	<b>LOG</b>	<b>45</b>	<b>1000-1</b>	<b>1000-2</b>	<b>1000-3</b>	<b>1000-4</b>	<b>1000-7</b>	<b>1000-8</b>	<b>1000-12</b>	<b>1000-13</b>	<b>8000</b>	<b>1</b>
<b>Alison Hardy</b>	<b>LEI</b>	<b>50</b>	<b>776-1</b>	<b>937-2</b>	<b>702-4</b>	<b>1000-5</b>	<b>1000-6</b>	<b>775-8</b>			<b>5190</b>	<b>2</b>
<b>Jillian Barker</b>	<b>NOC</b>	<b>45</b>	<b>714-2</b>	<b>603-4</b>	<b>804-5</b>	<b>675-6</b>	<b>759-7</b>	<b>618-8</b>	<b>710-13</b>		<b>4883</b>	<b>3</b>
Sal Chaffey	DVO	50	925-1	886-2	1000-10	897-12	937-13				4645	4
Nicola Hart	DVO		555-1	904-7	630-10	1000-11	707-12				3796	5
Grace Pennell	DVO	18	587-1	562-2	591-3	639-6	587-10				2966	6
Imogen Wilson	LEI	18	913-1	816-2	1000-9						2729	7
Trish Lydon	LEI		720-2	975-9	869-13						2564	8
Jessica Dring-Morris	LEI	18	812-1	813-2	869-3						2494	9
Tracey Brookes	LEI	50	796-2	853-7	624-8						2273	10

## Brown - Male

<b>Francesco Lari</b>	<b>DVO</b>	<b>50</b>	<b>780-1</b>	<b>927-4</b>	<b>789-5</b>	<b>736-6</b>	<b>1000-7</b>	<b>738-10</b>	<b>946-11</b>	<b>895-12</b>	<b>6811</b>	<b>1</b>
<b>Edward de Salis Young</b>	<b>LEI</b>	<b>45</b>	<b>1000-2</b>	<b>945-5</b>	<b>609-6</b>	<b>879-7</b>	<b>599-9</b>	<b>916-11</b>	<b>1000-12</b>	<b>771-13</b>	<b>6719</b>	<b>2</b>
<b>Richard Parkin</b>	<b>DVO</b>	<b>50</b>	<b>978-1</b>	<b>1000-3</b>	<b>1000-6</b>	<b>1000-9</b>	<b>1000-10</b>	<b>1000-13</b>			<b>5978</b>	<b>3</b>
Alan Le Moigne	DVO	40	616-1	873-2	696-3	840-4	863-7	874-8	551-9	598-13	5911	4
Richard Dearden	NOC	45	842-1	980-2	873-4	839-5	972-8	747-9			5253	5
Anthony Squire	NOC		811-3	991-7	828-9	1000-11	907-13				4537	6
Paul Goodhead	DVO	55	980-2	685-3	738-5	858-7	925-8				4186	7
David Pettit	DVO		523-1	661-4	735-7	555-9	718-11	644-12			3836	8
Richard Leake	LEI	50	856-1	989-2	971-5	790-6					3606	9
Graeme Barker	NOC	45	892-2	872-7	848-8	632-13					3244	10

## EMEWS

### Brown - Female

Jenn Gaskell	DVO	21	1000-1	816-3	1000-4	1000-6	683-7	690-9	1000-10	1000-12	7189	1
Julie Ferris	LEI	50	1000-2	1000-5	1000-7						3000	2
Helen Chiswell	DVO	40	1000-3	855-5	1000-9						2855	3
Leah Williams	LUOC	21	829-5	1000-8							1829	4

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### East Midlands League 2019

The following are the events planned for the East Midlands League in 2019:

6 <sup>th</sup> Jan - Sherwood Forest (NOC)	13 <sup>th</sup> Jan - Spring Cottage (LEI)
27 <sup>th</sup> Jan - Belton (LOG)	3 <sup>rd</sup> Feb - Bramcote Hills (NOC)
10 <sup>th</sup> Feb - Birchen Edge (DVO)	17 <sup>th</sup> Feb - Beacon Hill (LEI)
24 <sup>th</sup> Mar - Crich Chase (DVO)	7 <sup>th</sup> Apr - Bagworth (LEI)
19 <sup>th</sup> May - Calke Abbey (DVO)	27 <sup>th</sup> Oct - Kedleston Park (DVO)
3 <sup>rd</sup> Nov - Shirebrook Woods (NOC)	17 <sup>th</sup> Nov - Aylestone Riverside (LEI)
24 <sup>th</sup> Nov - Calverton (NOC)	1 <sup>st</sup> Dec - DVO
15 <sup>th</sup> Dec - Bradgate (LEI)	

The intention is to again have 8 scoring events counting towards the league.

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### Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

### December

Sat 1 <sup>st</sup>	YHOA Night League	C	<a href="#">CLARO</a>	YH	<a href="#">Valley Gardens</a>	Harrogate	<a href="#">SE295549</a>
Sun 2 <sup>nd</sup>	SYO YHOA Superleague	B	<a href="#">SYO</a>	YH	<a href="#">Ramsley Moor</a>	Chesterfield	<a href="#">SK295749</a>
Sun 2 <sup>nd</sup>	WML Event #10	C	<a href="#">WCH</a>	WM	<a href="#">Brereton Spurs</a>	Stafford	
Sun 2 <sup>nd</sup>	NOR colour coded and EAL	C	<a href="#">NOR</a>	EA	<a href="#">Sandringham Country Park</a>	Kings Lynn	<a href="#">TF690290</a>
Mon 3 <sup>rd</sup>	Monday Night Club	Act	<a href="#">LEI</a>	EM	<a href="#">South Charnwood College</a>	Leicester	

## EMEWs

Mon 3 <sup>rd</sup>	LEI Winter League 3	D	<a href="#">LEI</a>	EM	<a href="#">Groby Urban Night</a>	Leicester	<a href="#">SK518070</a>
Thu 6 <sup>th</sup>	Technical Training	Act	<a href="#">LOG</a>	EM	Hartsholme	Lincoln	
Sat 8 <sup>th</sup>	LEI Christmas Novelty	D	<a href="#">LEI</a>	EM	<a href="#">Castle Hill Country Park</a>	Leicester	<a href="#">SK554083</a>
Sun 9 <sup>th</sup>	CHIG Mitre SE League Event	B	<a href="#">CHIG</a>	SE	<a href="#">Epping NW</a>	Epping	<a href="#">TL452018</a>
Sun 9 <sup>th</sup>	Oakwood Urban, East Midlands & UK Urban League	C	<a href="#">DVO</a>	EM	<a href="#">Oakwood</a>	Oakwood	<a href="#">SK382385</a>
Sun 9 <sup>th</sup>	YHOA Superleague	C	<a href="#">HALO</a>	YH	Twigmoor Woods	Scunthorpe	
Sun 9 <sup>th</sup>	OD Club Champs & WMOA League #12 - Itchington Holt	C	<a href="#">OD</a>	WM	<a href="#">Itchington Holt</a>	Harbury, Warks	<a href="#">SP369557</a>
Mon 10 <sup>th</sup>	Monday Night Club	Act	<a href="#">LEI</a>	EM	<a href="#">South Charnwood College</a>	Leicester	
Wed 12 <sup>th</sup>	LEI Winter League 4	D	<a href="#">LEI</a>	EM	<a href="#">Swithland Woods</a>	Leicester	<a href="#">SK537130</a>
Thu 13 <sup>th</sup>	Christmas Social	Act	<a href="#">LOG</a>	EM	Dog & Bone	Lincoln	
Sat 15 <sup>th</sup>	WNL British Camp - Western Night League 18/19	D	<a href="#">HOC</a>	WM	<a href="#">British Camp</a>	Great Malvern	<a href="#">SO7660238138</a>
Sun 16 <sup>th</sup>	East Midlands Championships & Robin Hood Trophy	B	<a href="#">NOC</a>	EM	<a href="#">The Dukeries</a>	Ollerton	<a href="#">SK628728</a>
Sun 16 <sup>th</sup>	WML British Camp - West Midlands League 12	C	<a href="#">HOC</a>	WM	<a href="#">British Camp</a>	Great Malvern	<a href="#">SO763403</a>
Mon 17 <sup>th</sup>	Monday Night Club	Act	<a href="#">LEI</a>	EM	<a href="#">South Charnwood College</a>	Leicester	
Sun 23 <sup>rd</sup>	Regional Event	C	<a href="#">EPOC</a>	YH	<a href="#">Newmillerdam</a>	East Pennines	
Sun 23 <sup>rd</sup>	NOC Christmas Chase	D	<a href="#">NOC</a>	EM	<a href="#">Walesby Forest</a>	Ollerton	<a href="#">SK668703</a>
Sat 29 <sup>th</sup>	OD Christmas Relays	D	<a href="#">OD</a>	WM	Rough Close Scout Camp	Coventry	
Sun 30 <sup>th</sup>	East Midlands League 2018	C	<a href="#">LEI</a>	EM	<a href="#">Ratby Woods</a>	Leicester	<a href="#">SK497061</a>

## January

Tue 1 <sup>st</sup>	Derby West Urban Event, EMUL 2019	C	<a href="#">DVO</a>	EM	<a href="#">Markeaton Park</a>	Derby	<a href="#">SK335370</a>
Tue 1 <sup>st</sup>	Laurie Bradley New Year's Day Score	C	<a href="#">OD</a>	WM	Sutton Park	Sutton Coldfield	
Sat 5 <sup>th</sup>	LEI Winter League 5	D	<a href="#">LEI</a>	EM	<a href="#">Melton Country Park</a>	Melton Mowbray	<a href="#">SK756208</a>
Sat 5 <sup>th</sup>	MDOC New Year Charity Event	D	<a href="#">MDOC</a>	NW	<a href="#">Lyme</a>	Disley	<a href="#">SJ964823</a>
Sun 6 <sup>th</sup>	Regional Event	C	<a href="#">AIRE</a>	YH	<a href="#">Adel Woods and Meanwood Park</a>	Leeds	<a href="#">SE285401</a>
Sun 6 <sup>th</sup>	East Midlands League 2019	C	<a href="#">NOC</a>	EM	Sherwood Forest	Mansfield	
Sat 12 <sup>th</sup>	ParkO- Impington Village College	D	<a href="#">WAOO</a>	EA	<a href="#">Impington Sports centre</a>	Impington	
Sun 13 <sup>th</sup>	East Midlands League 2019	C	<a href="#">LEI</a>	EM	<a href="#">Spring Cottage</a>	Ashby	<a href="#">SK310161</a>

## EMEWS

Sun 13 <sup>th</sup>	WMOA League Event 1 & WCH Champs Beaudesert	C	<a href="#">WCH</a>	WM	<a href="#">Beaudesert</a>	Rugeley	
Sat 19 <sup>th</sup>	OD Saturday Morning Event - Daventry Country Park	D	<a href="#">OD</a>	WM	<a href="#">Daventry Country Park</a>	Daventry	<a href="#">SP575629</a>
Sun 20 <sup>th</sup>	GO SE League Event	B	<a href="#">GO</a>	SE		Guildford	
Sun 20 <sup>th</sup>	Regional Middle Distance Event	C	<a href="#">SYO</a>	YH	<a href="#">Hugset</a>	Barnsley	<a href="#">SE305065</a>
Sun 20 <sup>th</sup>	WRE WMOA League Event 2 - Boreatton Park	C	<a href="#">WRE</a>	WM	<a href="#">Boreatton Park</a>	Shrewsbury	<a href="#">SJ402239</a>
Wed 23 <sup>rd</sup>	LEI Winter League 6	D	<a href="#">LEI</a>	EM	<a href="#">Ratby Woodlands</a>	Leicester	<a href="#">SK497061</a>
Sun 27 <sup>th</sup>	East Midlands League 2019	C	<a href="#">LOG</a>	EM	Belton	Grantham	
Sun 27 <sup>th</sup>	BKO Concorde Chase	B	<a href="#">BKO</a>	SC	<a href="#">Long Valley North</a>	Aldershot	<a href="#">SU847526</a>

## February

Sat 2 <sup>nd</sup>	LEI Winter League 7	D	<a href="#">LEI</a>	EM	<a href="#">Hermitage Country Park</a>	Whitwick	<a href="#">SK434157</a>
Sun 3 <sup>rd</sup>	Bush Heath event	B	<a href="#">WAOC</a>	EA	<a href="#">Bush Heath</a>	Mildenhall	<a href="#">TL726754</a>
Sun 3 <sup>rd</sup>	Bickerton Hill Middle Distance National Event	B	<a href="#">DEE</a>	NW	<a href="#">Bickerton Hill</a>	Tarporley	<a href="#">SJ509587</a>
Sun 3 <sup>rd</sup>	East Midlands League 2019	C	<a href="#">NOC</a>	EM	<b>Bramcote Hills &amp; The Hemlockstone</b>	<b>Nottingham</b>	
Sun 3 <sup>rd</sup>	OD WMOA League Event 3 Hartshill Hayes	C	<a href="#">OD</a>	WM	Hartshill Hayes Country Park	Nuneaton	
Sat 9 <sup>th</sup>	Icenian 2019 (incorporating English Universities Orienteering Cup)	C	<a href="#">CUOC</a>	EA	Bromehill	Brandon	
Sat 9 <sup>th</sup>	YHOA Night League	C	<a href="#">SYO</a>	YH	<a href="#">Ladies Spring Wood and Beauchief Golf Course</a>	Sheffield	<a href="#">SK332818</a>
Sat 9 <sup>th</sup>	ParkO- Cherry Hinton Hall Park	D	<a href="#">WAOC</a>	EA	<a href="#">Cherry Hinton Hall Park</a>	Cherry Hinton	
Sat 9 <sup>th</sup>	MDOC North West Night League Event	D	<a href="#">MDOC</a>	NW	<a href="#">Brereton Heath Country Park</a>	Holmes Chapel	<a href="#">SJ795654</a>
Sun 10 <sup>th</sup>	MV SE League Event	B	<a href="#">MV</a>	SE	<a href="#">Headley Heath</a>	Dorking	
Sun 10 <sup>th</sup>	East Midlands League 2019	C	<a href="#">DVO</a>	EM	<a href="#">Birchen Edge</a>	<b>Matlock</b>	<a href="#">SK277721</a>
Sun 10 <sup>th</sup>	OD WMOA League Hartshill Hayes	D	<a href="#">OD</a>	WM	Hartshill Hayes Country Park	Nuneaton	
Sun 10 <sup>th</sup>	MDOC Colour Coded event	C	<a href="#">MDOC</a>	NW	Irwell Valley	Bolton, N.Manchester	
Sat 16 <sup>th</sup>	YHOA Night League & Northern Night Championships	C	<a href="#">AIRE</a>	YH	<a href="#">Ilkley Moor</a>	Ilkley	<a href="#">SE123474</a>
Sat 16 <sup>th</sup>	Apedale	D	<a href="#">POTOC</a>	WM	<a href="#">Apedale country park - tbc</a>	Newcastle	<a href="#">SJ822483</a>
Sun 17 <sup>th</sup>	TVOC Chiltern	B	<a href="#">TVOC</a>	SC	<a href="#">Penn and Common</a>	High Wycombe	

## EMEWS

	Challenge Level B Event				<a href="#">Woods</a>		
Sun 17 <sup>th</sup>	East Midlands League 2019	C	<a href="#">LEI</a>	EM	<a href="#">Beacon Hill</a>	Loughborough	<a href="#">SK510145</a>
Wed 20 <sup>th</sup>	LEI Winter League 8	D	<a href="#">LEI</a>	EM	<a href="#">Fosse Meadows Country Park</a>	Leicester	<a href="#">SP489910</a>
Sat 23 <sup>rd</sup>	British Night Championships (UKOL)	A	<a href="#">MAROC</a>	SOA	<a href="#">Muir of Dinnet</a>	Scotland	
Sat 23 <sup>rd</sup>	GRAMP British Nights Weekend Sprint Event	C	<a href="#">GRAMP</a>	SOA	Cove	Aberdeen	
Sat 23 <sup>rd</sup>	OD Saturday Morning Event - Everdon Stubbs	D	<a href="#">OD</a>	WM	<a href="#">Everdon Stubbs, Nr Daventry</a>	Daventry	<a href="#">SP606562</a>
Sun 24 <sup>th</sup>	HH Ace of Herts SE League Event	B	<a href="#">HH</a>	SE	Ashridge North	Dunstable	
Sun 24 <sup>th</sup>	West Norfolk Regional	C	<a href="#">NOR</a>	EA		Kings Lynn	
Sun 24 <sup>th</sup>	YHOA Urban League	C	<a href="#">EPOC</a>	YH	Elland	Elland	

## March

Sun 3 <sup>rd</sup>	2019 Welsh Orienteering Championships	B	<a href="#">MWOC</a>	WOA	<a href="#">Nash Wood</a>	Presteigne	<a href="#">SO300630</a>
Sun 3 <sup>rd</sup>	Aire 50th Anniversary Event	C	<a href="#">AIRE</a>	YH	<a href="#">Ilkley Moor</a>	Ilkley	<a href="#">SE117471</a>
Sun 3 <sup>rd</sup>	Keyne-O, Loughton Valley Park	D	<a href="#">SMOC</a>	EA	<a href="#">Loughton Valley Park</a>	Milton Keynes	
Sun 3 <sup>rd</sup>	WML 2019 Badgerslade	D	<a href="#">WCH</a>	WM		Stafford	
Sat 9 <sup>th</sup>	Northern Champs Weekend Urban Event (UKOL)	B	<a href="#">SYO</a>	YH	<a href="#">Ponderosa, NW Sheffield City Centre</a>	Sheffield	<a href="#">SK344880</a>
Sat 9 <sup>th</sup>	Bathpool	D	<a href="#">POTOC</a>	WM	<a href="#">bathpool country park tbc</a>	Kidsgrove	<a href="#">SJ838537</a>
Sun 10 <sup>th</sup>	Sarum Saunter	B	<a href="#">SARUM</a>	SW	<a href="#">Great Ridge</a>	Fonthill	
Sun 10 <sup>th</sup>	Northern Championships (UKOL)	A	<a href="#">SYO</a>	YH	<a href="#">Wharcliffe Woods</a>	Sheffield	<a href="#">SK340986</a>
Sun 10 <sup>th</sup>	WAOOC urban event	C	<a href="#">WAOOC</a>	EA	<a href="#">Royston</a>	Royston	
Sat 16 <sup>th</sup>	ParkO- Wandlebury Country Park	D	<a href="#">WAOOC</a>	EA	<a href="#">Wandlebury Country Park</a>	Stapleford, Cambridge	
Sun 17 <sup>th</sup>	CompassSport Cup Heat	B	<a href="#">OD</a>	WM	Bentley Woods	Atherstone	
Sun 17 <sup>th</sup>	CompassSport Cup Heat	B	<a href="#">NOC</a>	EM	<a href="#">Sherwood Pines</a>	Ollerton	
Sat 23 <sup>rd</sup>	OD Saturday Morning Event & Schools' Champs - War Memorial Park	D	<a href="#">OD</a>	WM	<a href="#">War Memorial Park</a>	Coventry	<a href="#">SP322772</a>
Sun 24 <sup>th</sup>	SROC Red Rose Classic	B	<a href="#">SROC</a>	NW	Hampsfell	Grange over Sands	
Sun 24 <sup>th</sup>	East Anglian Championships	B	<a href="#">NOR</a>	EA		North Norfolk	
Sun 24 <sup>th</sup>	YHOA Superleague	C	<a href="#">EPOC</a>	YH	Royds Hall Woods	Bradford	
Sun 24 <sup>th</sup>	East Midlands League 2019	C	<a href="#">DVO</a>	EM	<a href="#">Crich Chase</a>	Belper	<a href="#">SK350530</a>
Sat 30 <sup>th</sup>	NGOC Southern Champs	B	<a href="#">NGOC</a>	SW	<a href="#">Knockalls</a>	Monmouth	<a href="#">SO550125</a>

## EMEWS

	Weekend Event (UKOL)				<a href="#">Inclosure (West)</a>		
Sat 30 <sup>th</sup>	Scottish Middle Distance Championships (incorporating BUCS Individual Long Distance)	B	<a href="#">FVO</a>	SOA	Birnam Hill	Dunkeld	
Sun 31 <sup>st</sup>	Mike Nelson BOK Trot and Southern Championships (UKOL)	A	<a href="#">BOK</a>	SW	<a href="#">Moseley Green West &amp; Cannop Ponds South</a>	Coleford	<a href="#">SO620121</a>
Sun 31 <sup>st</sup>	Regional Event	C	<a href="#">EBOR</a>	YH	Birch Hagg	Pickering	
Sun 31 <sup>st</sup>	SOS Hockley Wood	C	<a href="#">SOS</a>	EA	<a href="#">Hockley Woods</a>	Rayleigh	<a href="#">TQ822911</a>

### April

Sat 6 <sup>th</sup>	WMOA Urban League 1 Redditch	C	<a href="#">HOC</a>	WM	Redditch	redditch	
Sun 7 <sup>th</sup>	Acorn event	B	<a href="#">CLOK</a>	NE	Eston, Wilton and Lazenby	Middlesbrough	
Sun 7 <sup>th</sup>	SMOC EAL event	C	<a href="#">SMOC</a>	EA	<a href="#">Salcey Forest</a>	Milton Keynes	
Sun 7 <sup>th</sup>	<b>East Midlands League 2019</b>	C	<a href="#">LEI</a>	EM	<a href="#">Bagworth Woodlands</a>	<b>Coalville</b>	<a href="#">SK446081</a>
Sun 7 <sup>th</sup>	WMOA League Event 6 Arrow Valley Provisional	C	<a href="#">HOC</a>	WM	Arrow Valley	Redditch	
Sun 14 <sup>th</sup>	YHOA Middle Distance Championships and YHOA Superleague	C	<a href="#">CLARO</a>	YH		Harrogate	
Fri 19 <sup>th</sup>	Jan Kjellstrom Orienteering Festival - Sprint (UKOL)	A		SC	<a href="#">Aldershot Garrison</a>	Aldershot	<a href="#">SU862521</a>
Sat 20 <sup>th</sup>	Jan Kjellstrom Orienteering Festival - Individual 1 (UKOL)	A		SC	<a href="#">Windmill Hill</a>	Frimley	<a href="#">SU907581</a>
Sun 21 <sup>st</sup>	Jan Kjellstrom Orienteering Festival - Individual 2 (UKOL)	A	<a href="#">BKO</a>	SC	<a href="#">Cold Ash</a>	Newbury	<a href="#">SU521723</a>
Mon 22 <sup>nd</sup>	Jan Kjellstrom Orienteering Festival - Relays	A		SC	<a href="#">Minley</a>	Fleet	<a href="#">SU827577</a>
Sun 28 <sup>th</sup>	YHOA Superleague and Yvette Baker Trophy Heat	C	<a href="#">HALO</a>	YH	Mausoleum Woods and Cottagers Dale Wood	Brigg	
Sun 28 <sup>th</sup>	MDOC Urban	C	<a href="#">MDOC</a>	NW	Birchwood	Warrington	

### May

Sat 4 <sup>th</sup>	British Championships Weekend Mixed Sprint Relays	A	AIRE	YH	University of Bradford	Bradford	SE153328
Sun 5 <sup>th</sup>	British Orienteering Championships (UKOL)	A	AIRE	YH	Kilnsey North & Arncliffe	Grassington	SD933716
Mon 6 <sup>th</sup>	British Relay Championships	A	AIRE	YH	Middleton Park	Leeds	
Sun 12 <sup>th</sup>	Regional Event and YHOA School Championships	C	SYO	YH	Canklow	Sheffield	
Sun 12 <sup>th</sup>	<b>East Midlands Urban League 2019</b>	C	<b>NOC</b>	<b>EM</b>	<b>Clifton</b>	<b>Nottingham</b>	
Sun 12 <sup>th</sup>	Keyne-O, Caldecotte Lake	D	SMOC	EA	Caldecotte Lake	Milton Keynes	
Sun 12 <sup>th</sup>	WMOA League Event 7 Parkhall	C	POTOC	WM	parkhall country park	Longton	SJ930446
Sat 18 <sup>th</sup>	LOC National Event	B	LOC	NW	Caw	Lake District	

# EMEWs

	Weekend						
Sun 19 <sup>th</sup>	SO "Sunny Sussex" Weekend (3 of 3 ) SE League Event - Angmering Park (west), Arundel	B	SO	SE	Angmering Park Estate (west)	Arundel	TQ049075
Sun 19 <sup>th</sup>	LOC National Event Weekend	B	LOC	NW	Stickle Pike	Lake District	
Sun 19 <sup>th</sup>	<b>East Midlands League 2019 &amp; YBT Heat</b>	C	DVO	EM	<b>Calke Abbey</b>	<b>Ticknall</b>	<b>SK355240</b>
Sun 19 <sup>th</sup>	Kings Lynn Urban	CI	NOR	EA		Kings Lynn	
Wed 22 <sup>nd</sup>	<b>World Orienteering Day Event - John Port School</b>	D	DVO	EM	<b>John Port School - Etwall</b>	<b>Derby</b>	<b>SK267319</b>
Sat 25 <sup>th</sup>	Scottish Orienteering Championships - Individual (UKOL)	B	SOLWAY	SOA	Dalbeattie Forest	Dalbeattie - Dumfries&Galloway	
Sat 25 <sup>th</sup>	Springtime in Shropshire 2017 Day 1 Urban Shrewsbury (UKUL) WMOA Urban League 2	B	HOC	WM	Shrewsbury	West Midlands	
Sun 26 <sup>th</sup>	Midlands Championships (UKOL)/Springtime in Shropshire Day 2 Brown Clew	A	HOC	WM	Brown Clew	Bridgnorth	
Sun 26 <sup>th</sup>	Scottish Orienteering Championships - Relay	C	SOLWAY	SOA	Drumlanrig	Thornhill, Dumfries&Galloway	
Sun 26 <sup>th</sup>	YHOA Urban League	C	CLARO	YH	Ripon	Ripon	
Mon 27 <sup>th</sup>	Springtime in Shropshire 2017 Day 3 Middle (UKOL)	B	HOC	WM	The Wrekin	Telford	